

Teen Dating Abuse Safety Plan

This two part safety plan is for teens in an abusive dating relationship to be prepared just in case and for teens ready to leave an abusive relationship to be safe during and after the breakup. The document is designed for teens to fill in based on what is right for them. The document includes:

- Teen Dating Abuse Safety Plan if you are in a relationship
- Teen Dating Abuse Safety Plan if you decide to break up

 [Safety Plan for Teens.pdf](#)

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